



# GLEN BERNARD CAMP

To Duke of Edinburgh participants: There are many opportunities at GBC through which you could fulfill portions of your Duke of Edinburgh award requirements.  
For more information, visit us at [www.gbcamp.com](http://www.gbcamp.com) or call our office.

Duke of Ed Award Level & Age Recognition	Service Component	Skill Component	Physical Recreation Component	Adventurous Journey Component	Residential Project Requirement
	To Understand the value of giving service to others in participant's' community	To encourage the development of personal interests, creativity of practical skills	To encourage participation in sport and physical recreation for the improvement of health and fitness	To encourage a spirit of adventure and discovery while undertaking a journey in a group	Additional requirement completed at Gold level to broaden participants' experience through involvement with others unknown to them in a residential setting
<b>BRONZE</b> Minimum start age 14	n/a at camp	Theatre, guitar, life skills i.e. leadership skills, a specific arts or crafts skill, photography  *one hour/week for 3 months (minor) or 6 months (major). Skill can be started at camp, completed at home.	Rock climbing, swimming, trampoline, horseback riding, tennis, sailing, kayaking, canoeing  *one hour of physical fitness/week for 3 months (minor) or 6 months (major). Can start requirement at camp and complete at home.	<u>Prelim training, practice 1 day &amp; qualifying journey offered:</u>  Period 1: in session canoe trip, July 2 -July 22 Period 2: in session canoe trip, July 24 –August 13 Period 3 in session canoe trip, Aug 15 – Aug 28	n/a
<b>SILVER</b> Minimum start age 15	n/a at camp	Theatre, guitar, life skills i.e. leadership skills, a specific arts or crafts skill, photography  *one hour/week for 6 months. Skill can be started at camp, completed at home.	Rock climbing, swimming, trampoline, horseback riding, tennis, sailing, kayaking, canoeing  *one hour of physical fitness/week for 6 months. Can start requirement at camp and complete at home.	<u>Prelim training, practice &amp; qualifying journey offered:</u> Period 1: in session canoe trip, July 2 -July 22 Period 2: in session canoe trip, July 24 -August 13 Period 3 in session canoe trip, Aug 15 – Aug 28 <u>Qualifying journey:</u> Canoe Trip 1: July 16-22 Canoe Trip 2: July 24-30 Canoe Trip 3: Aug 7 -13	n/a
<b>GOLD</b> Minimum Start age 16	n/a at camp	Photography, Guitar, life skills i.e. leadership skills, theatre, a specific arts or crafts skill, PACER program leadership skills  *one hour/week for 12 months. Skill can be started at camp, completed at home.	Rock climbing, swimming, trampoline, horseback riding, tennis, sailing, kayaking, canoeing  *one hour of physical fitness/week for 12 months. Can start the requirement at camp and complete at home.	<u>Prelim training, practice &amp; qualifying journey offered:</u> Period 1: in session canoe trip, July 2 -July 22 Period 2: in session canoe trip, July 24 -August 13 Period 3 in session canoe trip, August 15-28 <u>Qualifying Journey</u> Canoe Trip 1: July 16-22 Canoe Trip 2: July 24 - 30 Canoe Trip 3: Aug 7 - 13 Wilderness Trip: Aug 15 - 28	<u>Camp sessions:</u> Period 1: July 2 -July 22 Period 2: July 24 -Aug 13 Period 3: Aug 15 -Aug 28 <u>Environmental Course:</u> Aug 7 – Aug 28 <u>Canoe Trips:</u> Canoe Trip 1: July 16 -22 Canoe Trip 2: July 24 - 30 Canoe Trip 3: Aug 7 - 13 Wilderness Trip: Aug 15-28

Red indicates Duke of Edinburgh requirement  
Blue indicates Glen Bernard Camp programs