



Glen Bernard Camp
84th Season

The Gold & Blue.

Alumni Newsletter
Winter • 2005

Enjoy Nature's
Paintbrush!



In June 1922, Mary S. Edgar proudly launched GBC and it has welcomed campers ever since. This means we celebrate Glen Bernard's 85th season in 2006. It is a significant milestone.

Included in the many things Mary Edgar left for us are patches of blue forget-me-not flowers along the edges of streams. We find these perky blooms each year at camp. Mary S. wrote a little poem about some trifles she would leave for us to find; a song or two, clumps of silver birches, and of course forget-me-nots in her favourite colour.

Each camp summer brings old and new friends, traditions and new adventures. 2006 will surely be just as great. To mark this 85th GBC year, we hope you will join us at camp on July 29th for an Alumni Homecoming Day (details on page 2).

We look forward to welcoming you home to Glen Bernard this summer!

Happy Holidays and Good Wishes to You!



Alumni Spotlight



Memories of a 1940's GBC Camper by Ann Stuart Cooling

I attended GBC as a Bunny in 1940 and 1942, an Intermediate in 1943-46 inclusive and a Senior in 1948.

My first cabin in Bunny camp was Beehive, one of two separate cabins with the counsellor's room in between.

In those days, we always travelled in a group and went to Sundridge by train and from the station by bus to camp. Then, by bus to camp and shown to our cabins. Bunny cabins had windows, as I remember, but once you moved up to Intermediate it was screens only. In the rain the groundsheets went up over the screens, on the nails provided and the camp beds (sagging, narrow army cots) pulled into the centre of the cabin so that the bedding would not get wet! Our only music was from the portable gramophones which some of us brought with us, a good selection of records - especially Glen Miller - were always welcome.

The camp uniform was blue blouses and shorts, or blue slacks for cold weather, and yellow blouses for Saturday afternoon, white blouses and shorts for Sunday (all bought at the Camp Shop in Simpsons or Eatons), two bathing suits at least (how I hated putting on a wet suit for the afternoon swim) and the usual extras. There was a laundry service, extra charge, to which we sent the sheets etc. but most of us washed our own clothes in the lake in the white enamel basins supplied in each cabin. Every year new campers would pour soap flakes into the lake without thinking!

The daily routine varied, I think there was a choice of some activities week by week. The invariables were two swimming periods a day and a rest after lunch, hated by all the campers who felt it was certainly not needed, and who resented being told by the counsellors to be quiet and sleep, and, I am sure, treasured by those same counsellors as a bit of respite from their supervisory duties.

The food was very good as I remember. After dining room lunches or dinners, we always had a singsong and many of us brought our knitting to accompany the music.

Riding, for the years it was available (not during the height of the war) was an extra at, if I remember, \$2.00 each for a maximum of eight rides. The greatest competition was for sailing. The lake was wonderful in those days. No motor boats allowed due to the rationing of gas, just rowboats, canoes and sailing boats. The lake so clear that you could see fish swimming under the senior raft.

Every Saturday night was the Council Ring. A very important affair, we made our Indian headbands and wrapped ourselves in a blanket - an "Indian" one if you were fortunate enough to have one. Once the tribes were seated in their separate sections, we waited for Miss Edgar in her Indian dress. We sang her a welcome song... then the ceremony of lighting the fire by Miss Edgar...

Each tribe would then sing its song, and give its yell, and there would be challenges between the tribes. Who could whistle first after eating dry crackers, wiggle their ears etc. The final Council Ring of the season ended in a lovely way. We each collected a bull rush soaked in, I presume, kerosene, lit it at the camp fire and then walked quietly along the beach before returning to our cabins...

The biggest day of the month was Pippa Day, after "Pippa Passes" a poem by Robert Browning much loved by Miss Edgar, when we could do as we liked on the camp property from after breakfast to after dinner. We collected our meals, with the inevitable gooey Chelsea bun, after breakfast we were off. If you had passed the required number of tests you could take a boat etc. There was, however, one absolutely iron clad rule. NO SWIMMING except at the times and places set up. I know this rule was enforced because one year I found, tucked into the spine of a book in the library, a pathetic note from a girl who was sent home at once for breaking this rule.

So many memories, Chelsea buns were adored at the beginning of the season, and tired of by the end; chocolate pudding - called Gumperts for some reason - appeared on all camping trip menus; stinging spiders brought me out in huge, hot, raised swellings; the icy stream between Intermediate and Senior camps, which we nick-named the Coke stream, as it was so useful for cooling our soft drink bottles; no sleeping bags in those days, bed rolls held together with blanket pins, no sheet - too sissy, no mat to sleep on, strangely enough, sand seemed harder than rock, a groundsheet over, as well as under, your bedroll to keep you from heavy August dews.

Cheers to you Ann! Thank you for sharing your GBC memories. If you know a GBC alum who belongs in the spotlight, please let us know! info@gbcamp.com or 416 225 4166.

85th ANNIVERSARY ALUMNI HOMECOMING AT GBC

Mark your calendar for Saturday, July 29, 2006! Please join us at camp for an Alumni Homecoming to celebrate GBC's 85th birthday.

Arrival is on July 29th after 2pm. During the afternoon, tour the camp and participate in CATS (Choice Activities for Today) with current campers. Check out what's new and revisit favourite places at camp! After dinner and a sing song on the Point (weather permitting), there will be a Homecoming campfire in the Glen. Bring a tent and "camp out" overnight at GBC, or spend the night at a nearby hotel, inn or bed and breakfast (block bookings will be available). Departure is on Sunday morning. Program details and registration information will be published in the Spring '06 issue of the Gold and The Blue. If you would like to be sent registration information directly by email, please contact the camp office: info@gbcamp.com, or 416-225-4166. We hope to see you there!

Spread the good word about GBC!

Please tell others about your unique experiences "under open skies"! GBC Alumni truly understand the life-long benefits of summer camp and Glen Bernard in particular. If you or a family you know would like to receive a copy of the 2006 GBC brochure and application package, please contact the camp office. info@gbcamp.com or phone 416-225-4166.



Events 2005



10th Annual Alumni Canoe Trip: Return to Temagami.
2005 marked the 10th anniversary of the GBC alumni canoe trip. Eight of this year's group were original trippers in 1996 and most have not missed a year since. To commemorate our 10th, it was



decided to return to Temagami, where we had ventured 10 years earlier as "first time" alumni trippers. This year's trip was eventful and memorable as always. Our stamina was tested by strong headwinds that persisted for several days. Our camping skills were honed as we prepared breakfast under a makeshift "dining tarp" in the pouring rain. A special night was enjoyed sleeping "under the stars" on a perfect, bug-free night. Skinny dips in the morning limbered up our stiff and tired muscles. Talk and laughter around the campfire reminded us all why we were there.

2005 marked another unforgettable experience for the alumni trippers who will email and reminisce all year until we meet again next year. ~ by Jill Stephens Lavine

*(l to r) Back: Jill Stephens Lavine, Jody Hoel Bielaska, Cathy Anderson, Linda McCurdy Crawford, Ana Berlie.
(middle): Jeff Legate Bamford, Jill Irwin, Kathy Kane, Erin Vearncombe, Marg Fisher, Joey Bell Brown, Nancy Hungerford Titley.
(front): Anne Parmley McDougall, Norah Corrigan Mills*

Summer in September at the Family Weekend

The super summer weather continued for a few extra weeks this year - a perfect backdrop for another Fall Family Weekend. On September 9-11, Alumni, campers, prospective campers and their families took advantage of the warm water and sunshine and created some new camp memories.

Many alumni travelled from far away to attend the weekend, including Alison Hill (San Francisco) and Janet Mowat (New York). The nightly gatherings in Northway were a lively time for everyone to catch up with old friends and trade camp stories. Linda McCurdy Crawford and Cathy Anderson sparked each others' memories with their CIT song ("Tell me Why I Don't Like Night Patrol!"), which they performed at Vista on Sunday morning.

Current Glen Bernard campers had a great time showing their families all the ins and outs of life at GBC, including the famous "GBC Birthday Songs", sung for Natalie Kim on Sunday morning. Roasted marshmallows were the hit of the campfire in the Glen on Saturday night, as old and new campers shared their favourite Glen Bernard songs, accompanied by Jenny Hayden and Erin Shields on guitar.



Mountain Biking, GBC's newest activity, was a popular choice activity option.

The trails and new trials area near the sandpits (with a wooden jump and teeter-totter to ride on!) received a lot of use over the weekend. Other activities included climbing in the Jungle and at Tuskarora Rock, landsports, open water-

front and the ever-popular "Camp Tour with Joc". Highlights of the tour this year were Matrix (the mountain biking building), the expanded seating area in Main Lodge, and The Locker Room, a new storage building for landsports equipment near the senior playing field. Thank you to all the GBC staff for their hard work in making the

2005 Fall Weekend a success. The 2006 Fall Family Weekend is Friday, September 8 to Sunday September 10, 2006. Registration and schedule information is available online: www.gbcamp.com, or email: info@gbcamp.com

*photos (top): GBC campers Sydney and Jordan Wales and younger sister Parker perform the Adventurer's Song at Vista.
(middle) Hilary Smith, Mary Marshall, Joc Palm, Alison Hill, Janice Wright.
(bottom): Roasting marshmallows at the family weekend.*

A Busy Fall at GBC!

From musicians to marathon runners, GBC hosted a wide variety of groups this fall.



- After Labour Day, Grade 4 and 5 students from Kew Park Montessori arrived at camp, led by GBC Alum and Kew Park teacher, Kim Durish Scott. Favourite activities during the three day trip included a hot dog cookout, Space Mountain and the water slide, flying down the Zipper and Egg Drop - students work in teams to build a structure that will protect an egg which is thrown from the top of Kosmos (Earth Education



building). On the second day, students conducted an experiment in which they traced their shadows to calculate solar noon - the precise time of day when the sun is directly overhead, exactly half-way between sunrise and sunset.

- JeansMarines returned to Glen Bernard in mid-September for their second annual Training Weekend, led by GBC physician and Globe and Mail columnist Dr. Jean Marmoreo and her partner Bob Ramsay.

(continued next page...)

Busy Fall at GBC continued...

On Sunday morning, many runners and walkers completed the now-traditional run/walk around Lake Bernard. Special guest, Major Dan O'Connor was another highlight of the trip. "Major Dan" is the liaison for all JeansMarines participating in the Washington Marine Corps marathon. His speech at the Saturday night campfire on the theme "Secrets to Success" was inspiring.



• Grade 7 and 8 students from Niagara Christian College in Fort Erie, ON visited GBC at the end of September. Over three days, students participated in traditional camp and team-building

activities. The Jungle was a popular spot, as students and teachers challenged each other to tackle different elements of the ropes course. A "Tribal Relay" on the final day was a great way for the students to kick off their school year together.

• Glen Bernard was alive with music for three days in mid-September during Country Day School's "Music Camp". The group of 120 students included a choir, symphonic band, wind ensemble and two jazz ensembles. When they weren't rehearsing, students participated in various GBC activities. On the final afternoon, the students held a concert in Main Lodge. What a talented group!

• North Toronto Collegiate Institute held their Student Leadership Weekend at GBC in mid-October. GBC AC and NTCI student Jess Van Rooyen co-programmed and led the weekend, which is designed to develop student leadership throughout the school community. GBC Alum Jenny Hayden, a teacher at North Toronto, also accompanied the trip. This was NT's 16th year at GBC!

Thanks to all the GBC staff who provided programs and fun for these groups this fall.

GBC's annual pub night

Pub night was an evening filled with memories. GBCers tend to be very busy people, so it's no surprise that everyone had lots of catching up to do! Here's what they have been up to:

• **Sara Kalechstein** and **Liz Condliffe** are each in their 2nd year of medical school and are keeping active by rowing (Sara is a member of the U of T rowing team) and playing hockey (Liz plays on the intramural team). Liz is working on a project with Epilepsy Ontario, researching the accessibility of kids with epilepsy attending summer camps. If you have any information to share with Liz on this topic, she would appreciate hearing from you at e.condliffe@utoronto.ca. Liz and Sara have teamed up to organize "Med. War", an adventure race with wilderness medical scenarios, to be held in the spring.

• **Laurie Baylor** is applying her caring personality at U of T where she is studying Nursing. Fellow GBCers **Meghan Shields** and **Sarah Lipton** are also in this program at U of T. Laurie is living with her best camp friend **Meg Myers**, who is studying Human Resources at Humber College.

• **Amy Bangay** is a recent graduate of the HR program at Humber College. After achieving her CHRP designation, Amy was hired as an HR Assistant at the Toronto law firm Borden Ladner Gervais. **Katy Galvin** spent the last year in Ghana working with Engineers without Borders and is now in Waterloo working in the area of storm water system management. Katy hopes to be accepted to teacher's college for next year.

• **Tara Pochwalowski** is also an aspiring teacher. She recently completed her diploma at OCAD (Ontario College of Art & Design) and is putting the finishing touches on her Ontario applications. To keep herself busy

while waiting for her acceptance letters, she is working 3 part-time jobs: All Fired Up (a pottery studio), Mastermind Educational and Sick Kids Hospital, where she is painting murals. Tara also volunteers in a kindergarten classroom and is leading a Girl Guides Sparks unit. Tara's sister **Chessa** is teaching English in Japan! Tara is looking forward to her return to Canada in March.

• Two other GBC sister pairs attended the Pub Night: **Hannah and Rachel Weinstock** and **Gill and Gen Scott**. Hannah is finishing her Masters degree in Forest Conservation at U of T and is moving to Hong Kong in January to teach English. Rachel is a kindergarten teacher in Toronto. Gill Scott is an associate at the law firm Goodman Carr and has just moved into a new apartment with Gen. Both Gill and Gen are lending their talents to GBC's 85th Anniversary Planning Committee.

• **Courtney (Carlisle) Steeves** works for a direct marketing company. **Heather Allen** works for a consumer products company. Courtney and Heather attended GBC together in the 80s (Courtney 1976-1986, Heather 1981-1988) and now are busy, each raising two children.

• **Steph Collins** is busy with a classroom of children! She teaches grade 3 at The Country Day school and also coaches grade 5/6 basketball at the school. **Ally Stark** is an educational intern at Greenwood College. Ally spent her summer in Costa Rica, helping to save sea turtles.

• **Frances MacNaughton** hasn't spent a summer at GBC since the early '30s, but she still attends the Pub Night each year! Frances keeps herself busy during the winter by taking courses at Ryerson. This semester she is studying "Classical Music" and "Life: Is that all there is?" which she is thoroughly enjoying. Frances will celebrate her 90th birthday next June!

	Period 1 Period 2	• Jun. 29-Jul. 19 • Jul. 21-Aug. 10	Two-Week Sessions: (for first time campers ages 8-10)
	85th Alumni Homecoming • July 29 Alumni canoe trip	• Aug. 5-10	Period A • Jun 29-Jul 12 Period D • Jul 28 - Aug 10
Period 3 Fall Family Weekend	• Aug. 12-26 • Sept. 8-10	One-Week Sessions: (for ages 6 & 7)	Period B • Jul. 13-19 Period C • Jul. 21 - 27

Glen Bernard Camp 206 Lord Seaton Rd. Toronto, Ontario M2P 1K9	phone : 416•225•4166 fax : 416•225•6036 email : info@gbcamp.com website: gbcamp.com	Glen Bernard Camp 2066 South Lake Bernard Rd. Sundridge, ON P0A 1Z0	phone : 705•384•7062 fax : 705•384•0155 email : info@gbcamp.com
---	---	--	--